

All students attending the College of Osteopathic Medicine have the opportunity to participate in the Rural Medical Track (RMT). Students can enter the RMT through the Early Admissions Program* pathway. Students not in the Early Admissions Program, may choose to participate in the RMT anytime during the first year of medical school. While all COM students receive training that focuses on primary care and rural medical care, RMT students receive additional experiences that are designed specifically to prepare them for a rural primary care residency and to practice in rural or underserved Oklahoma.

RMT Curriculum at a Glance

Year One

- Summer Rural Externship

Year Two

- Rural Focus Week
- Rural Research Project

Year Three

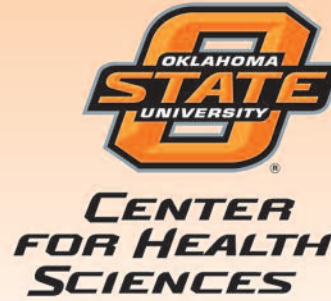
- Didactic Weeks
- Rural Clinical Core Rotation
- Rural Clinic Rotation
- Community Clinic Rotation
- Elective or Vacation

Year Four

- Community Hospital 1 & 2
- Sub-Internship 1 & 2
- Sub-Internship 3 (optional)
- Specialty Selectives 1-3
- Specialty Selectives 4 (optional)
- Elective or Vacation
- 2-week Electives 1-3 (optional)

**Items in orange text are completed by both traditional and RMT students.*

* To see a full list of the residency programs our recent graduates have entered and residency acceptance data, along with OSU-COM's pass rate on the COMLEX, please visit: www.healthsciences.okstate.edu/com/admissions/graduates.php



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RURAL MEDICAL TRACK



Providing Physicians for Rural and Underserved Oklahoma



Why Choose the Rural Medical Track?

Leadership. Students in the RMT have the opportunity to assume leadership positions with the Student Osteopathic Rural Medical Club (StORM) at the OSU Center for Health Sciences. StORM members also gain student membership status to the National Rural Health Association.

Research Opportunities. Students in the RMT complete a guided, rural health-focused research project during their first and second years of medical school.

Early Clinical Experience. Prior to the second year of medical school, students in the RMT shadow a rural physician for two weeks.

Clinical Training in Rural Oklahoma.

Students in the RMT complete their third year of clinical core rotation at community-based rural clinical core sites.

Enhanced Clinical Training. Limited enrollment in the RMT translates to more hands-on training opportunities and one-on-one focused instruction for RMT students.

Sub-Internship Rotations. RMT students complete at least two sub-internships at a primary care residency site early in their fourth year. The sub-internships can serve as residency auditions.

Selective Rotations. To optimize their skills in residency training and beyond, students in the RMT complete at least three selective specialty rotations as identified by OSU-CHS medical education staff.

About the Rural Medical Track

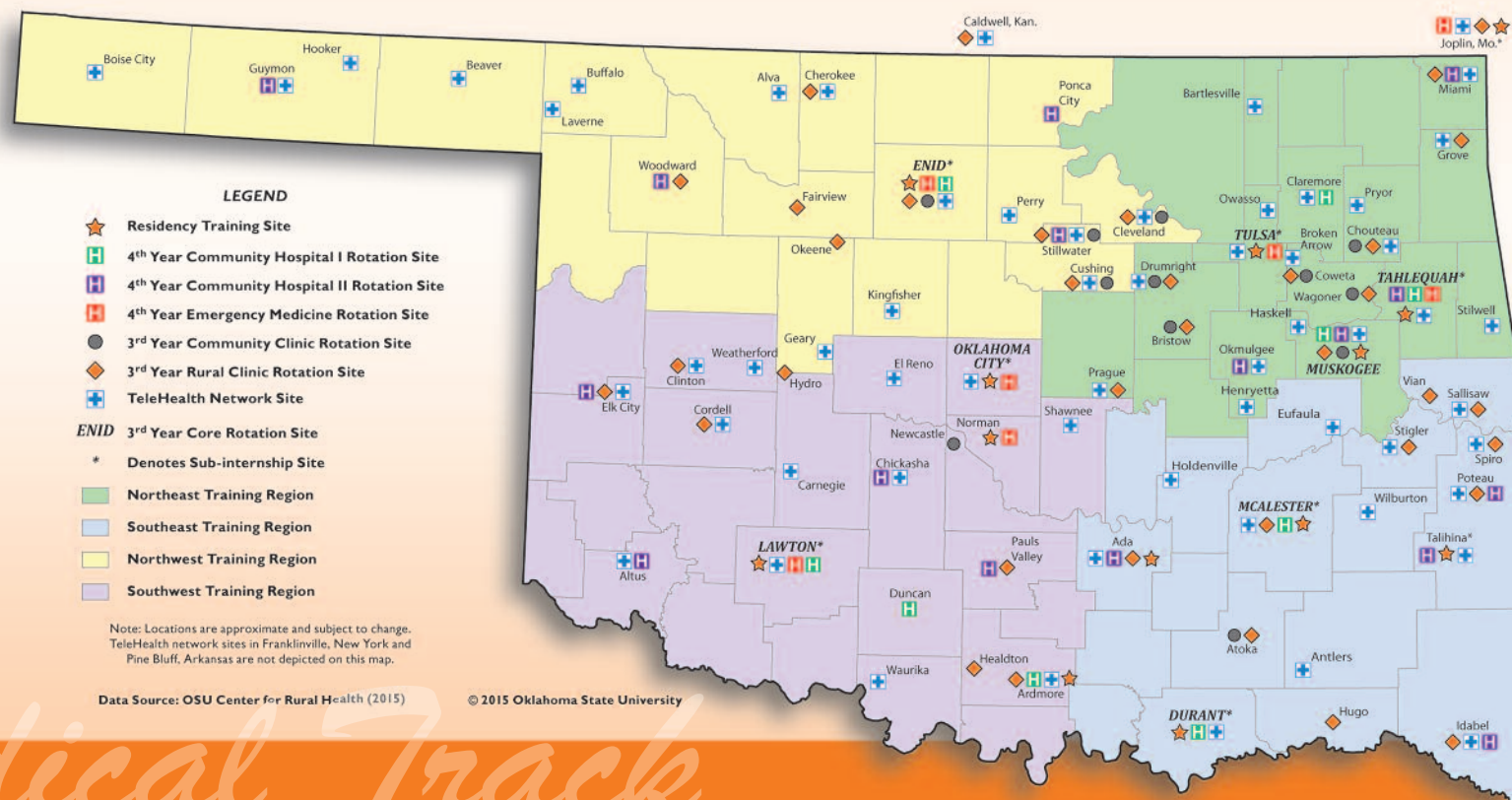
The Rural Medical Track (RMT) at the Oklahoma State University Center for Health Sciences prepares medical students for a rural primary care residency and a successful practice in rural or underserved Oklahoma. The RMT offers unique learning opportunities for motivated students to fully develop their skills, knowledge and abilities to succeed in a challenging practice environment.

A key facet of the RMT is rural-based clinical education. Beginning with a rural physician shadowing experience after the first year of medical school, students in the RMT have the opportunity to complete most of their required clinical education in a rural setting. Students work side-by-side with rural physicians learning the skills and performing the tasks necessary for a successful rural practice.

The RMT also incorporates a guided research component that each student must complete. Aside from gaining exposure to contemporary rural health research topics, RMT students are expected to produce scholarly works that are suitable for publication or presentation.

Beyond the classroom and the clinic, students in the RMT hone their leadership skills through membership in the Student Osteopathic Rural Medical Club (StORM). The club also provides students with service opportunities and an advocacy platform.

Rural Health Training Sites, 2015



Rural Medical Track