Summer Rural Externship (SRE)

Curriculum

The Summer Rural Externship is a 2-week experience designed to reinforce interest in rural practice and to prepare students for their rural clerkships. The Summer Rural Externship is strongly encouraged for Rural Medical Track students. Each student participating in the SRE program will shadow their assigned preceptor, as well as other non-physician medical professionals, in a clinical setting. Students are also strongly encouraged to be involved in their assigned community by attending events, visiting local businesses, and volunteering whenever possible.

Students will be assigned based on the order applications are received. Students hoping to secure a specific location and/or block should complete and submit the SRE application, as well as their Letter of Interest, as soon as possible.

Syllabus
CLME 8112.001

1. General Description
   A. Course Title: Summer Rural Externship
   B. Course Length: Two Weeks
   C. Course Format: Rural Community Clinical and Interdisciplinary Experiences
   D. Student Level: Early Assurance and 1st Year Osteopathic Medical Students
   E. Course Coordinator: Duane Koehler, D.O.
      1. duane.koehler@okstate.edu
      2. 918-584-4387
   F. Program Coordinator: Vicky Pace, M.Ed.
      1. vicky.pace@okstate.edu
      2. 918-584-4332
   G. Program Contact: Lori Boyd
      1. lori.boyd10@okstate.edu
      2. 918-928-6074
   H. D2L Location: Communities: CHS Summer Rural Externship
   I. Students will be referred to local site coordinators once assignments have been made
   J. Clinical Setting: Family Medicine, clinic-based Internal Medicine, and Pediatrics.
      Students will not be assigned to specialists or hospital-based preceptors. No exceptions.
   K. Potential Out-of-Office Experiences:
      1. Hospital staff and committee meetings
      2. House calls
      3. Hospital emergency room calls
      4. Community activities

Updated: September 13, 2016
A. **Interdisciplinary Experiences:** 2, two-hour experiences required with non-physician medical professionals

2. **Student Responsibilities**

A. **Pre-Arrival:**

1. Students are required to contact their assigned preceptor at least 1 week prior to starting their SRE Experience to coordinate the daily schedule and other pertinent aspects of the experience
2. All students must wear College-approved identification and a clean, pressed white clinical jacket. Dress is business casual unless directed otherwise by their preceptor
3. Students are required to bring identification passwords for library resources and any current references
4. All students must **attend a mandatory orientation** before the first day of their externship
5. Students are required to bring the following items for verification purposes:
   a. National Background Check
   b. Proof of Health Insurance
   c. Immunization Records
   d. Letter of Good Standing (will be provided at orientation)
6. Complete the enrollment forms, sign and submit the course information sheet during orientation
7. Receive a skills card that will be kept by each student throughout their experience

B. **During the Externship**

1. **First Week Requirements:**
   a. Meet with assigned preceptor for on-site orientation
   b. Discuss individual clinical strengths and weaknesses with preceptor
   c. Contact your Center for Rural Health regional coordinator with any questions/comments/concerns
   d. Discuss the skills card requirement with your preceptor early

2. **Other Requirements**
   a. Complete all requirements and rotation objectives
   b. Complete 2, two-hour Interdisciplinary Experiences with non-physician medical professional
   c. Strongly encouraged to take an active role in the community
   d. Meet with the assigned preceptor regularly to determine how the experience is going
   e. Write and submit a short press release for the local media, which should include your name and a brief mention of the experience purpose
   f. Take photographs with your preceptor and other individuals and places encountered
3. **Post-Experience Requirements must be uploaded to D2L by 7th day after the completion of the Experience:**
   a. Complete the site evaluation using the Survey Monkey link provided
   b. Upload a 2-3 page experience report detailing specific activities and individuals, and how the experience has influenced your career track
   c. Upload copies of at least three “Thank You” notes, all of which detail the recipient’s names and positions, as well a detailed account of how they added positive input to the overall experience
   d. Upload completed Skills Card with all signatures and initials
   e. Upload copies of the press release and all photos taken (please provide copies of the actual article if it is printed by the local media)
   f. **Late submissions of required assignments and information can result in a grade reduction or the assignment of an incomplete**

3. **Clerkship Calendar**
   A. The specific scheduling of days and hours shall be made by the preceptor, with approval by the OSU-COM Course Coordinator, and shall generally conform to the following:
      1. **Week Requirements:** Participants must complete 2 full weeks (no overloading of hours to complete the Experience early is allowed)
      2. **Hour Requirements:** 64-80 hours (based on a 32-40 hour workweek)
      3. **Holidays:** Students may receive one day off each for Memorial Day and Independence Day if the preceptor’s office is closed
      4. **Attendance:** One hundred percent (100%) attendance is required on all clinical rotations
      5. **Time Off:** Students needing time off for any reason will be required to complete and submit a signed Exception to the Rotation Application to their regional coordinator

4. **Student Performance Evaluation**
   A. **Grading:** This course is a 2 credit hour course. The course is Pass/No Pass based on the following criteria. The student’s overall performance (grade) must equal 70% to pass the course.
      1. 15%=Attendance and living in the rural community
      2. 50%=Student performance evaluation from preceptor
      3. 10%=Completion of the 2 required Interdisciplinary Experiences
      4. 10%=End of Experience report
      5. 5%=Minimum of 3 specific Thank You notes
      6. 5%=Press release & photos
      7. 5%=Submission of completed Skills Card
   B. **Attendance:** Students are required to live in the rural community unless special permission is granted. Students are encouraged to stay in the community over weekends in order to gain a complete appreciation of rural community life. More
than one day off may require the student to makeup time. If an absence is unavoidable the student must contact the supervising preceptor, as well as their CRH regional coordinator, and must complete and submit an Exception to the Rotation Application prior to the absence. Application will be reviewed by the Course Coordinator. Approved applications may require make-up assignments.

5. Experience Objectives

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<tr>
<th>Subject/Method</th>
<th>Learning Objective</th>
<th>Resources/Assignments</th>
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<tbody>
<tr>
<td>Shadow a rural physician</td>
<td>Apply observational and clinical skills in the office of a rural primary care physician</td>
<td>CRH staff will assign students to communities, preceptors, and housing for the 64-80 hour experience. Students will record observed procedures on the Skills Card.</td>
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<tr>
<td>2, two-hour Interdisciplinary Experiences</td>
<td>Develop an appreciation for the role played by non-physician health professionals in rural communities</td>
<td>Your CRH regional coordinator, as well as your preceptor, can assist in finding and securing these activities. Contact them if you need help.</td>
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<tr>
<td>Press Release &amp; Photos</td>
<td>Describe how this experience could influence the decision to practice in a rural setting</td>
<td>Your CRH regional coordinator and preceptor can assist in finding contact information for local media outlets.</td>
</tr>
<tr>
<td>Experience Report &amp; Thank You notes</td>
<td>Develop an understanding and appreciation of the total rural experience. Discuss how this externship has impacted your understanding of primary care and rural medicine</td>
<td>In a 2-3 page report, describe in detail your experience, including your interdisciplinary activities, community involvement, the preceptor’s practice, and other locally important information. Students should also include a discussion about how this experience has impacted their career track.</td>
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